

GENERAL THINGS TO REMEMBER

- ❖ Avoid any unnecessary hair and makeup mishaps - try to wear a button-up or zip-up shirt. This way your shirt doesn't have to go over your head. (A wide neck shirt, zip up hoodie or tank works too).
- ❖ Don't forget to order some lunch! Breakfast & snacks are great but it will be a while before the reception/dinner and we don't need anyone hangry so make sure you have lunch covered too! 😊

MAKEUP/HAIR PREP

- ❖ For makeup, you should arrive with a clean face - no left over liner or mascara from the night before!
- ❖ If you know you have sensitive skin and prefer to use your own moisturizer, please bring it and let me know **before** we begin.
- ❖ If you have any known sensitivities to any ingredients please let me know right away **before** we begin!
- ❖ Please also brush your teeth and put in your contacts prior to makeup services so avoid mishaps with water and tears!
- ❖ For hair services, please arrive with completely dry hair, unless you have been instructed to arrive with wet hair for a blowout (discussed beforehand as extra time is required)!
- ❖ Please bring inspirational pictures for hair and makeup looks to speed up the process!

****Please respect our beauty/makeup kits. If you need to borrow something, please ask!** Everything is sanitized and used in a sanitary way so I can't have everyone touching products for the safety of our kits and your services. Borrowing from our kits without asking will result in a charge to the bride.

IF YOU'RE RUNNING BEHIND

We totally get that sometimes timelines don't go according to plan, or unexpected things come up, so if you're running late to meet at our getting ready location to start services, please send me a text to let me know! We will let you know if we're a few minutes behind due to something unexpected as well! Late fees will apply, after 30 mins of waiting on site. We will do our best to catch up services, but we may have to cut down on service time or number of services to meet our scheduled end time if there is no wiggle room for your departure, depending on how far behind we are on our agreed upon schedule.

TIPS FOR GREAT SKIN ON THE WEDDING DAY

- ❖ **Up your water intake**
Especially drink 8oz before bed & in the morning. Water will help flush any toxins & help make your skin look refreshed.
- ❖ **Facials should be done a minimum of 1-2 weeks before your wedding date**
If you don't get facials regularly and would like to get one before your wedding day, I suggest doing it a minimum of 2 weeks prior to your wedding day, just in case you have a bad reaction or your skin "purges" after!
- ❖ **Do light exfoliation a week before wedding** - Light exfoliation with gently slough away dead skin cells leaving vibrant, smooth, and glowing skin.
- ❖ **Facial waxing/threading**
Can cause redness and irritation in the skin and makeup will not adhere to the skin correctly on freshly waxed areas, make sure these services are done at least 3 days before the wedding date.
- ❖ **Do a lemon yogurt mask the night before!**
You can use plain yogurt and add some fresh lemon juice or I use the organic lemon yogurt from Trader Joe's! The lemon acts a natural AHA to gently exfoliate and dissolve dead skin cells and the acidophilus in the yogurt dissolves bacteria!
 - Apply to a clean face, use a generous amount to coat the skin.
 - Relax for 10-15 minutes as the mask dries
 - Wash off with water – it can be thick and require some work to get it off (showering is easiest!)
 - Cleanse skin with cream cleanser to remove any left over and follow with toner, moisturizer, and eye cream.